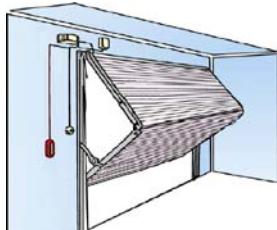


Mugdi (kornto la'aan)

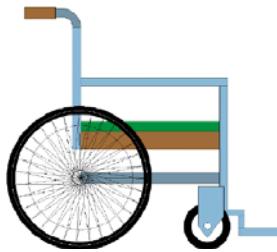


Kahor mugdiga...



Haddii aad leedahay albaab geerash oo ku furma koronto, hel buugiisa oo baro sida gacanta loogu furi karo.

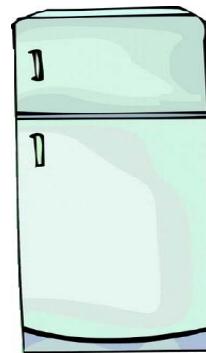
-Baabuurka haantiisa bansiinka ugu yarn us ku daa; saldhigyaada bansiinku waxay ku shaeeyaan tamarta korontada.



-U hayso baateri dheeraad ah baabuurga laxaad la'aanta ee baatariga ku socda



-Dammi qalabka korontada aad isticmaalysay markay korontadu dantay. Hal nal shid si aad u ogaato markay korontadu soo noqoto.



-Ka dhawr talaajada iyo qboojiyaha inaad furto. Dwoooyinka u baahan talaajadu waxy ku jiri karaan talaajada xidhan dhawr saacadood.

Muddada mugdigu jiro...

-Keliya adeegso toosh iftiinka xaaladda degdega— marnaba ha adeegsan shamac waayo waxay kordhiyaan halista dabka guryaha.



-Badi telefoonada bilaa xadhiga ahi ma shaqeeyaan haddii korontodu go'do, markaa hubi inaad haysato telefon caadi

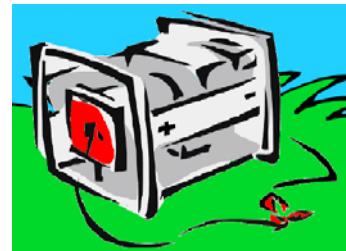
ah gurigaaga. Telefoonada gacantu waxa laga yaaba in aanay shaqyn muddada mugdiga waayo nidaamyadooda isku-xidhka ayaa tamar la'aan ku dhacaysaa laliyaha wicitaanada.



-Guriga gudhiisa ama geerashka ha ku shidin mashiinka dabka dhaliya ama ha ku xidhin nidaamka korontada guriga. Haddii aad isticmaalayso mashiinka korontada, ku xidh qalbka toos meelaha laga geliyo mashiinka.



-Ka dhagayso raadiyaha wararka ugu danbeeyey.



Xusuuso: Hubi inaad qabto telefon caadi ah gurigaaga oo xadhig leh. Waxa laga yaabaa inuu noqdo ka keliya ee shaqeeya muddada mugdiga koronto la'aanta.



Public Health
Prevent, Promote, Protect
Fargo Cass Public Health

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Somali-Blackouts – Last reviewed 2008